# Hollow mattress

Country of origin | Bangladesh

## Health problem addressed.

People with spinal cord injuries often develop pressure sores due to prolonged sitting or lying without changing position. Sitting or lying on hard surfaces makes the situation worse. Many people while sitting in a wheelchair use a pressure relief cushion but do not have the capacity to afford a pressure relief mattress. As a result they often develop pressure sores, which are difficult to manage and expensive to treat, especially in low and middle income countries.



## Product description \_

The product is a mattress with an opening to accommodate the pressure relief seat cushion of the patient's wheelchair.

## Product functionality \_

By having the space to accommodate the pressure relief seat cushion in the mattress, the pressure is relieved at the usual pressure points, such as in the tailbone and hip bones, while in the supine position. The wheelchair seat cushion is placed in the hole of the mattress to make a full mattress. The whole matress is covered with water resistant fabrics.

## Developer's claims of products benefits \_

This modified pressure relieving mattress prevents development of pressure sores in the supine position. It saves on unnecessary health care expenditures to heal/manage the pressure sores. It also helps to reduce the time needed for full rehabilitation. It can be made locally with easily available and accessible resources such as an ordinary foam mattress. It is affordable and water resistant.

#### Development stage

The product has been used in a rehabilitation centre for people with spinal cord injuries. This product has been approved by the multidisciplinary team of the specialized Spinal Cord Injury Unit of the largest paraplegic centre of Bangladesh.

#### Use and maintenance \_

User: Self-use, family member, care-giver

Training: Not required Maintenance: Not required

#### Environment of use \_\_\_

Settings: Rural, urban, ambulatory, at home, primary (health post, health center), secondary (general hospital), tertiary (specialized hospital)

#### Product specifications \_

Dimensions (mm): Variable

Weight (kg): 7-8 Consumables: No

Life time (years): 5

Shelf life (years): 5

Retail price (USD): 25 (without the cost of cushion)

List price (USD): 25 (without the cost of cushion)

Year of commercialization: 2008 Currently sold in: Bangladesh

Other features: Mobile, continuous-use